

Maungaraki Views

OUR NEWS & VIEWS | MAUNGARAKI.CO.NZ | OCTOBER 2019

Percy Scenic Reserve is turning 70



Maungaraki's hidden gem, Percy Scenic Reserve is turning 70 in November

The history of Percy Scenic Reserve is a snapshot of the history and development of Petone as a whole. The Percy Gardens were a popular local attraction from the early 1900s onwards, while the reserve was officially opened to the public in 1949.

The Percy family who gave the reserve its name settled in Lower Hutt in the 1840s and operated one of their two flour mills in the park. The mill soon became a social hub hosting dances and events. Today, the park is a place of recreation, heritage, and learning.

There are beautiful lawns, gardens and walkways. The waterwheel and the mill pond tell the story of a young developing settlement.

The research collection, within Percy Scenic Reserve, of unique plants from special ecosystems teaches us about the conservation and adaptations plants make to survive in harsh environments. Local schools visit the reserve often to explore and learn about botanics and conservation. Help celebrate Percy Scenic Reserve's

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How does Timebanking work?

Timebanking is a way for everyone to get help, make new friends, share talents and learn new ones! Instead of dollars, you pay for services you receive with time credits, and you can earn time credits helping others by doing things you enjoy. Timebanking is a great way for people to benefit and learn from one another, to meet people, and to get help with practical things.

Timebanks are based on the principles of valuing every person, reciprocity, and building strong communities. Community resilience is enhanced through having a thriving and active local Timebank as people develop networks, build relationships and share their skills.

Hutt Timebank currently has over 270 members who exchange things like gardening, music lessons, housework, computer support, dog walking, natural health information and much more. We support individual members, as well as offering opportunities to support community projects – for example, earlier this year, Hutt Timebankers helped at the



Maungaraki community gardens.

What to find our more? Come along to our next Information and Orientation session to find out more about how Timebank can enrich your life.

Wednesday 27th November 7.30pm

Alicetown Community Centre (38 Victoria St, Alicetown)

You're welcome to just come along and check it out, and/or if you're keen to join you can sign up on the night (there's no obligation through). We have a brief application form to fill out and a \$10 membership fee.

For further information, contact our Coordinator Kirsten Gendall at hutttimebank@gmail.com, or phone 021 0243 4953.



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Women's health physiotherapy

Jennifer Dutton is well known within the local community, having lived in Maungaraki with her husband for 10 years. She has three sons, two of whom go to Maungaraki school and the other about to start at Maungaraki Kindergarten.

Jennifer set up Positive Pelvic Health to provide women's health physiotherapy in Lower Hutt and Wellington.

Whether it is pain during pregnancy, recovery from birth, issues with bladder and bowel continence or prolapse, these conditions can have a huge impact on a woman's ability to do simple day to day tasks.

It is something that women often do not talk about. Jennifer has extensive knowledge about how to improve pelvic floor function and reduce pain.

If you or any women you know are suffering from any of these symptoms, Jennifer can offer an assessment and provide a holistic treatment plan to get things sorted.

What drives Jennifer in her role is being able to help women make a



Jennifer qualified as a physiotherapist from the University of Nottingham (UK) in 2005 with first class honours. She has practiced in New Zealand since 2008.

significant difference to their quality of life, usually in a short period of time. "When a woman tells me that she has 'got her life back', that is what makes it all worthwhile."

If you would like more information, please visit Jennifer's website at www.pph.nz. To book an appointment call 04 472 4198.

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Boston earns MVP honour for standout performances

Congratulations to Hutt Valley U13 B Basketball Rep Boston Peleti-Perez for being named MVP of his team after finishing runner-up at the Central Region Basketball Championship in New Plymouth. Boston, who played in the same team last year, as a 9-year-old, is not due to turn 11 until next month. After beating Wellington in the quarter finals, Boston lit up the scoreboard with 24pts to help lead his side into the final vs Whanganui. With 2 years of eligibility left at U13 Boston's basketball future is bright.



Boston (back row 4th from left) and Coach/Dad Mel (back row 2nd from right) proudly display their medals.

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70th birthday by coming to the open day on Saturday 2 November 2019, between 10am and 4pm.

Take a tour of our special plant collections, wander down some of our heritage walks, and share some memories of this iconic park.



Take a stroll along one of the reserves trails

Upcoming Events

Nov 27th | MCA Xmas BBQ
at Community Hall

Dec 2nd | Percy Scenic
Reserve 70th Birthday

March 25th | MCA AGM 2020

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